

PATIENT INFORMATION



PROVIDENCE HEALTH CARE

Patient Name: _____

Your TEE test is scheduled for:

Time: 7:30am

Date: _____

Your doctor wants you to have a transesophageal echocardiogram. This is an ultrasound of your heart that gives detailed information about how your heart is working. We do this test by passing a small tube-like probe through your mouth and down your esophagus (food passage that goes to your stomach). This allows us to get up close to your heart and 'see' how it is working.

Please follow these important instructions.

If you do not, your test may be cancelled.

How to prepare for the test:

- The night before this test, do not eat or drink anything after midnight (12:00am).
- Continue to take all your medicines as directed by your doctor. Drink only enough water as necessary to swallow your pills.
- Bring a list of the medicines you take regularly.

Things you must know about having this test:

- **You must arrange for someone to take you home after the test.** We give you medicine that makes you sleepy. For your safety, you are not to go home alone, even by bus or taxi.
- **For 24 hours after the test,** it is not safe for you to drive or operate heavy machinery.

Morning of the test:

Parking: If parking in the hospital underground parking, you must arrive no later than 6:45am. (The parking lot fills very rapidly.) There are other pay parking lots around the hospital as well.

Entering the hospital:

- From Burrard Street, follow the **BLUE LINE** on the floor to the Tower Elevators.
- From the parkade, take the Tower Elevators at the end of the parking lot.
- Once in the hospital, take a Tower Elevator to the 5th floor of the Providence Building and go to the "Cardiac Short Stay Unit".

Going Home:

Expect to be ready to leave around 12:30pm.

The results of your test:

We send a report to your doctor.

Questions? Call 604-806-8018. Or check the Heart Centre website-<http://www.heartcentre.ca>